

Elizabeth Lee Black Gluten/Dairy/Egg Free Lunch Menu

July-August 2024



1. Lunch BBQ Grilled Chicken w/ Rice Baked Beans Assorted Fruit Milk	2. Lunch GF Pasta & Meatsauce Steamed Carrots Assorted Fruit Milk	3. Lunch Diced Chicken w/ GF Pasta Mixed Vegetables Assorted Fruit Milk	4. NO SCHOOL	5. NO SCHOOL
8. Lunch Hamburger w/ Rice Steamed Carrots Assorted Fruit Milk	9. Lunch Diced Chicken w Rice Steamed Broccoli Assorted Fruit Milk	10. Lunch BBQ Pork w/ Rice Steamed Peas Assorted Fruit Milk	11. Lunch Diced Chicken w/ Rice Baked Beans Assorted Fruit Milk	12. Lunch Grilled Chicken Patty w/ Pasta Mixed Vegetables Assorted Fruit Milk
15. Lunch Sloppy Joe w/ Pasta Steamed Peas Assorted Fruit Milk	16. Lunch BBQ Grilled Chicken w/ Rice Baked Beans Assorted Fruit Milk	17. Lunch Diced Chicken w/ Rice Mixed Vegetables Assorted Fruit Milk	18. Lunch GF Pasta & Meatsauce Steamed Carrots Assorted Fruit Milk	19. Lunch Hamburger w/ Pasta Steamed Broccoli Assorted Fruit Milk
22. Lunch Diced Chicken w/ GF Pasta Mixed Vegetables Assorted Fruit Milk	23. Lunch BBQ Pork w/ Rice Steamed Peas Assorted Fruit Milk	24. Lunch Diced Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	25. Lunch Grilled Chicken Patty w/ Rice Steamed Carrots Assorted Fruit Milk	26. Lunch Sloppy Joe w/ Pasta Baked Beans Assorted Fruit Milk
29. Lunch Hamburger w/ Rice Steamed Carrots Assorted Fruit Milk	30. Lunch BBQ Chicken w/ Rice Steamed Carrots Assorted Fruit Milk	31. Lunch Diced Chicken w/ Rice Mixed Vegetables Assorted Fruit Milk	1. Lunch BBQ Pork w/ Rice Baked Beans Assorted Fruit Milk	2. Lunch GF Pasta & Meatsauce Steamed Broccoli Assorted Fruit Milk

In order to qualify for a reimbursable lunch this meal must include the following components:
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options 9th-12th: Wow Butter & Jelly Sandwich w/ Cheesestick

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

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